

# *Writing an Effective Career (K) Application*

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# Brief Overview of Grant Process



Program Staff



Department of Health and Human Services  
Part 1. Overview Information  
National Institutes of Health (NIH)  
Funding Opportunity Title  
NIH Pathway to Independence  
Award (Parent K99/R00)  
PA-16-193

Funding Opportunity  
Announcement



Award

Institute/Center

Feedback & Revision



Study Section and Council Review



NIH Center for  
Scientific Review

# Timeline for K Applications



Receipt Date:

- Feb 12 (Mar 12)
- Jun 12 (Jul 12)
- Oct 12 (Nov 12)

Review:

- Jun/July
- Oct/Nov
- Feb/Mar

Council:

- October
- January
- May

Award Date:

- December
- April
- July

# Writing an Effective K Application

- ✓ **Start Early**
- ✓ **Develop a Strategy**
- ✓ **Plan Your Application**
- ✓ **Application Requirement**
  - ✓ **Review Criteria**

# Start Early

- **Start at least 3 months** prior to the application due date (or begin planning even sooner)
- Get an NIH Commons account at least a month before the application deadline
- Know your organization's **A**uthorized **O**rganizational **R**epresentative (**AOR**) to assist with the application
- Notify your referees early and give them plenty of time to submit letters of reference
  - *Make sure they have current CV and aims of grant*



# Develop a Strategy (1 of 2)



- Assess your career situation and needs:
  - *Is there an **added value** to your receiving a K award? Why not another funding mechanism?*
- Check which NIH Institute or Center (IC) funds K awards in your research area
- Schedule a phone call with an **NIH Program Officer** to discuss your research area, training needs and career development plans
- Assess the field and the competition by searching NIH's **Research Portfolio Online Reporting Tools (RePORT)**

# Develop a Strategy (2 of 2)



- Identify an experienced mentor(s) and collaborators and discuss your plans, project and career development needs *early* to be sure they are on board
- Consider your strengths and areas for growth:
  - *Can you fill in any gaps with proposed mentor, collaborators or consultants?*
- Identify essential resources and support needed and consider if this is available within your organization—or must be obtained elsewhere

# Plan Your Application



- Coordinate the application with your mentor's schedule **a K application is a collaboration between you and your mentor (s)**
- Put together a review committee to assist planning and provide critical feedback (critical input is good)
- Draft a short description of your specific aims and discuss these with the committee- chalk talk, diagrams, central hypotheses, scope
- Be sure the project is **distinct** from your mentors research and that the mentor is supportive of future independence

# Don't Propose Too Much



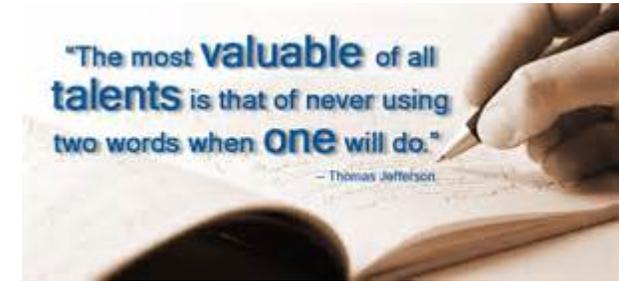
- Avoid an *over-ambitious* project—but it should be novel and significant!
- Your hypothesis should be testable and aims doable with the resources you are requesting (and mentor support)
- Make sure the scope of your hypothesis and aims fits available time and resources
- Your research and career development objectives should be related/matched

# Application Requirements

- ❑ Candidate Qualifications, Career Goals and Objectives
- ❑ Mentor(s), Collaborators, and Consultants
  - ❑ Institution's Environment and Commitment to the Candidate
    - ❑ Specific Aims
    - ❑ Research Strategy



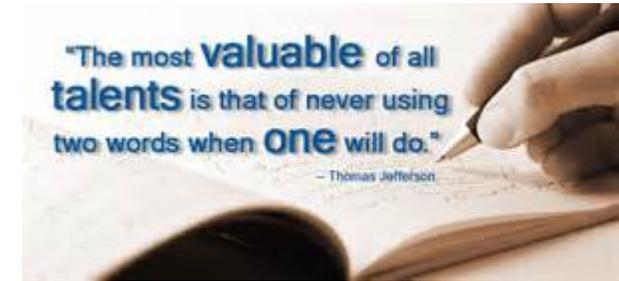
# A Few Tips as You Write



## Make Life Easy for Reviewers:

- Write clearly and concisely
- Guide the reviewers with graphics as much as possible
- Label all materials clearly
- Make sure figures and legends are readable
- Edit and proof
- Avoid TMI – a figure is worth a thousand words!

# A Few Tips as You Write



## Know These Review Problems and Solutions:

- Write a compelling argument for why your career will be advanced to independence and enhanced by receiving a K award
- Write for both experts and non-expert in your field
- Cite the work of experts as reading articles in the field

# Candidate's Qualifications



## Biographical Sketch:

- Education/training
- Contributions to science (background, findings, influence/impact, your specific role)- cite publications or research products
- Personal Statement: Your research experience and other qualifications for this K award
- Research Support: Ongoing and completed research projects - yours and your mentor/colleague accomplishments attesting to qualifications of the research team

# Candidate's Background



- Can coordinate with information in the Biosketch, but make sure key information is provided here, even if repeats Biosketch
- Commitment to an academic research career
- Interactions, collaborations
- Research achievements experience and potential
- Other relevant experience (leadership, teaching, mentoring)

# Career Goals and Objectives of the K award

- New or enhanced research skills you will gain
- Other activities that will enhance your research career, e.g., courses, workshops, techniques, teaching, mentoring (including 'soft skills' management, leadership)
- If you have *changed research direction*, discuss the reasons and justify how it will help you to develop your research career
- Provide a *career development timeline*, including plans to apply for subsequent grant support
- Career development can include a visit to another laboratory, to learn new technologies or approaches



# Sponsor/Mentor(s), Collaborators, Consultants



- *Primary/Key Sponsor/Mentor(s)* must explain how she/he will *tangibly* contribute to the development of the candidate.
- Discuss the research *and also* other career—how will they advance the research and career of the applicant?
- Document sources and amounts of anticipated support for the candidate's research project
- Discuss plans for transitioning the candidate to independence—*and convey clear support for the pathway to independence*
- Provide details of previous experience as a mentor and outcomes of mentees

# Institutional Environment and Commitment



- Document a strong, well-established research program related to the candidate's interests
- Experienced faculty, facilities and resources
- Opportunities for intellectual interactions, e.g., journal clubs, seminars, and presentations
- Commitment to the candidate's career development *independent of the K award*
- Adequate office and lab space, time and support to the candidate for the period of K award

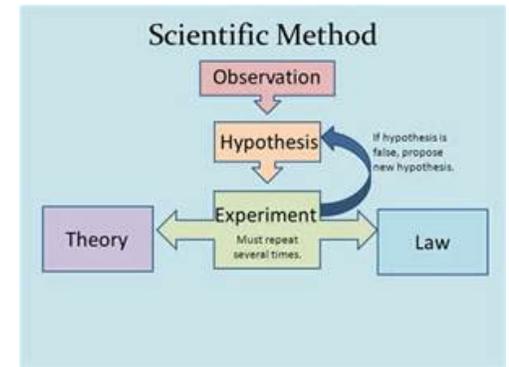
# Specific Aims of the Project



- To test a central hypothesis and sub-hypotheses
- Solve a specific problem and address a critical barrier to progress in the field
- To challenge an existing paradigm or develop new technology
- All members of the review panel may read this page
- State the problem, why you can solve it, what's new & the hypothesis and sub-hypotheses related to each aim
- End with why completing the aims will be a major contribution to the biomedical field and to your career development

# A few Tips on the Hypothesis

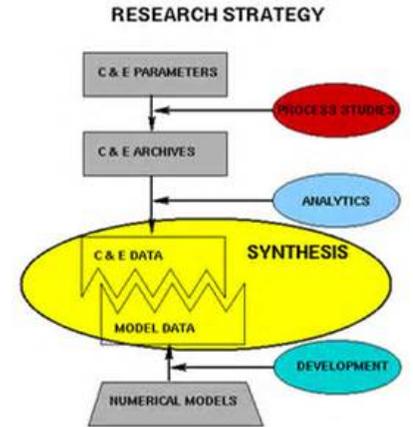
- Strong, testable hypotheses rather than advance in technology or ‘collecting’ information
- Aim 2 should still be doable if aim 1 does not pan out
- The research should ask questions that prove or disprove a hypothesis rather than use a method to search for a problem
- Methods are the means to perform your experiments. Your experimental results will prove or disprove your hypothesis
- The hypothesis must be testable during the duration of the K award and with the level of available resources.



# Research Strategy (1 of 3)

## *Significance:*

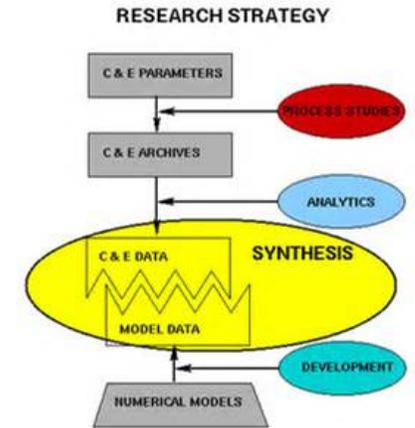
- The importance of the problem you are trying to solve
- How your study and anticipated results will improve scientific knowledge, technical capability, or clinical practice in one or more fields
- How existing concepts, methods, technologies, treatments, or interventions may be impacted if the proposed aims are achieved



# Research Strategy (2 of 3)

## *Innovation:*

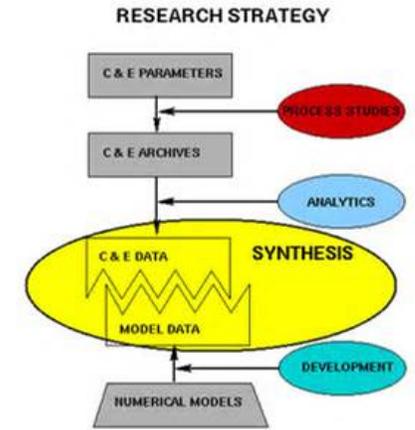
- How your proposed research will challenge or improve current research or clinical practice paradigms
- Novel theoretical concepts, approaches, methodologies, or interventions that may be developed or used
- Advantages over existing approaches, methodologies, instrumentation, or interventions



# Research Strategy (3 of 3)

## Approach:

- Methods and analyses to test the hypotheses and accomplish the specific aims
- Discuss benchmarks for success anticipated to achieve the aims
- Potential problems and alternative strategies
- For early stages of development, describe strategies to establish feasibility and manage high-risk aspects of the proposed work
- Rigorous experimental design – power calculations, sufficient N, biological variables, appropriate statistical tests and authentication of reagents



# Responsible Conduct of Research



- Discuss the five components outlined in the NIH Policy:
  - *(1) Format, (2) Subject Matter, (3) Faculty Participation, (4) Duration, and (5) Frequency*
- Is the plan appropriate for your career stage, and will it enhance your understanding of ethical issues related to research?
- Document any prior participation in RCR training and/or propose plans to receive additional instruction











# Rigor in K Award Application and Review

Element of Rigor	Section of Application	Criterion Score	Additional Review Consideration	Contribute to Overall Impact?
Scientific Premise	Research Strategy	Significance	NA	Yes
Scientific Rigor		Approach	NA	Yes
Consideration of Relevant Biological Variables Such as Sex		Approach	NA	Yes
Authentication of Key Biological and/or Chemical Resources	New Attachment	NA	Adequate or Inadequate	No

# About Grants

[http://grants.nih.gov/grants/about\\_grants.htm](http://grants.nih.gov/grants/about_grants.htm)



**Grants Basics**



**Receipt & Referral**



**Grants Process Overview**



**Peer Review**



**Plan Your Application**



**Pre-Award Process**



**How to Apply**



**Post-Award Monitoring and Reporting**